Fecal sterols (coprostanol and epicoprostanol) and linear alkylbenzenes (LABs) are efficient geochemical markers of sewage input in marine environment because they present stability and resistance to degradation processes. The Antarctic region is considered one of the best preserved environments in the world, however the discharge of sewage directly into the marine environments around scientific stations has resulted in changes in this pristine site. In order to assess the distribution and concentration of sewage indicators from Comandante Ferraz Brazilian Antarctic Station, sediments were sampled during the 2009/10 austral summer at four points: (1) Refuge II (Mackelar Inlet), (2) Ferraz, (3) Ulmann and (4) Botany Point (Martel Inlet) at depths around of 20 until 30 m. The organic markers were determined by gas chromatography with flame ionization (GC-FID) and mass spectrometer detectors (GC-MS). Concentrations of fecal sterols and LABs ranged from <0.01 to 0.17 ng g\(^{-1}\) and <1.0 to 46.5 ng g\(^{-1}\) dry weight, respectively. In general, the higher concentrations were found only locally in the vicinity of Ferraz Station at Martel Inlet. The maximum concentration to fecal sterols was close to the value previously calculated as background level for Martel Inlet (0.19 ng g\(^{-1}\)) and it was lower than the concentration found in the same points during the austral summer of 2003/04 (0.93 ng g\(^{-1}\)) while for the LABs, the concentration remained practically constant (35 ng g\(^{-1}\)). Despite low concentrations of sewage organic markers, monitoring programs are required to determine continuing trends and prevent the increase of anthropogenic impacts.

Keywords: sediments, sterols, linear alkylbenzenes, Antarctica

Introduction

Sewage organic markers, as fecal sterols and linear alkylbenzenes (LABs) are chemical compounds with characteristics such as degradation resistance and specificity according to the origin. They have been successfully used as molecular tracers of domestic wastes contamination in different regions, including the Antarctic (Martins et al., 2005; Montone et al., 2010). Coprostanol (5\(^\beta\)-cholestan-3\(^\beta\)-ol) have been widely used as fecal contamination markers because they are present in human feces while epicoprostanol (5\(^\beta\)-cholestan-3\(^\beta\)-ol) indicates the level of treatment of the fecal matter as it is formed during the extensive anaerobic sewage treatment of wastewaters. Also, LABs are present at levels from 1 to 3% in surfactants and detergents with linear alkylbenzene sulphonates (LASs), and they are frequently discharged via sewage outfalls together with fecal matter (Martins et al., 2010).

Gröndahl et al. (2008) surveyed 71 Antarctic stations and found that 37% of permanent stations and 69% of summer stations lacked any form of sewage treatment. On the other hand, some stations, such as Comandante Ferraz Brazilian Antarctic Station (EACF) have implemented sewage-
treatment procedures that clean their effluent. However, the (un)treated sewage containing domestic waste is discharged directly into the marine environment and these discharges should be monitored to describe the extent of sewage contamination from Antarctic stations.

The aim of this report is to evaluate the sewage contribution from Ferraz station into Admiralty Bay and to compare the historical trend reported in previous studies. This evaluation is based on the results of sewage geochemical indicators from the upper layer of sediments sampled during the austral summer of 2009/10 and previous results (1997-2004). In Antarctica, monitoring the extent of sewage input dispersal is essential as Antarctic Treaty signatory nations must conform to the Protocol on Environmental Protection.

Materials and Methods

Study area

The study area is the Martel Inlet, in Admiralty Bay, King George Island located in the South Shetland Islands, Antarctic Peninsula (62° 02’ S and 58° 21’ W) (Figure 1). Admiralty Bay has an area of 131 km², reaches depths of up to 530 m and has a coastline with many bays (Santos et al., 2007), being the largest bay of King George Island, one of the South Shetlands Islands. There are three large inlets in Admiralty Bay: Martel, Mackelar and Ezcurra

![Figure 1. Sampling stations at Admiralty Bay, King George Island, Antarctica. (1): Refuge II (REF); (2): Comandante Ferraz Brazilian Antarctic Station (FER); (3): Ulmann Point (ULM), and; (4): Botany Point (BTN). Table extracted from Martins et al. (2012).](image-url)
and each of them holds a research station. The Mackelar and Martel Inlets constitute the North part of the Bay while the Ezcurra Inlet is in the West.

**Sampling**
Sediment was obtained from a box core sampler (25 × 25 × 55 cm) during the austral summer of 2009/10 at four points: (1) Refuge II (REF) (Mackelar Inlet); (2) Ferraz (FER); (3) Ulmann (ULM), and; (4) Botany Point (BTP) (Martel Inlet) (Figure 1), at depths around of 20 until 30 m. The upper sediment layers (first 2 cm) were used for organic markers analyses.

**Analytical procedure**
The analytical method used for the analysis of sterols in sediments is described in Kawakami & Montone (2002). Around 20 g of sediment from each site were extracted using a Soxhlet system for 8 h with 70 mL of ethanol. The ethanol extract was reduced to c. 2 mL by rotoevaporation and submitted to a clean up with column chromatography using 2 g of 5% deactivated alumina and elution with 15 mL of ethanol. The extracts were evaporated to dryness and derivatized to form trimethylsilyl ethers using BSTFA (bis(trimethylsilyl)trifluoroacetamide) with 1% TMCS (trimethylchlorosilane) for 90 minutes at 65 °C. The mixture of TMS-sterols derivatives was determined by the injection of 2 µL into a gas chromatograph equipped with a flame ionization detector (GC-FID).

The procedure for analyses of LABs is based on UNEP (1992). About 25 g of dry sediment samples were Soxhlet-extracted with hexanes/dichloromethane (1:1) for an 8-hour period. The solvent extract was concentrated in a rotary evaporator to a volume of approximately 2 mL. The extract was fractionated by adsorption liquid chromatography into aliphatic and aromatic hydrocarbons using a column of alumina and silica gel, and hexanes and 30% dichloromethane/hexanes for aliphatic and LABs (F1) and aromatic (F2) fractions as eluent, respectively. The fractions were concentrated again in a rotary evaporator, transferred to a vial, and then the volume was adjusted to 1 mL exactly using a stream of N₂ gas. Instrumental details for both analyses are described by Montone et al. (2010).

**Results**
Concentrations of fecal sterols and total concentration of linear alkylbenzenes (total LABs) containing alkyl chains ranging from 10 to 14 carbon atoms in the superficial sediments at Admiralty Bay are shown in Table 1.

**Discussion**
The values for fecal sterol (coprostanol + epicoprostanol) ranged from not detected (<0.01 µg g⁻¹) (REF-B) to 0.17 µg g⁻¹ (FER-A). It was observed that the sites located near the sewage outfall (FER-A) showed the highest concentrations, indicating sewage contribution to the sediments. However, these levels were lower comparing to the maxima found in the vicinity of other Antarctic stations, e.g., Davis Station, Australia (1.28 µg g⁻¹) (Green & Nichols, 1995) and Rothera station, United Kingdom (0.85 µg g⁻¹) (Hughes & Thompson, 2004).

The contribution of the sewage input to the sediments of Admiralty Bay has been monitored since 1997/98 using fecal sterols as indicators of sewage contribution. Martins et al. (2002) have shown that the critical point was Ferraz Station sewage outfall, which had the highest concentration of these molecular markers. In a more recent study undertaken in the summer of 1999/00, Martins et al. (2005) compared fecal sterols and microbiological indicators. They observed that the sewage contamination was restricted to the vicinity of Ferraz Station and decreased with distance from the outfall. The fecal contribution from the sewage outfall could be detected further away only by molecular tracers rather than microbiological indicators. Previous data about

Table 1. Concentration (in µg g⁻¹) of fecal sterols (coprostanol and epicoprostanol) and Total LABs (in ng g⁻¹) in sediments collected at REF, FER, ULM and BTP at depths around of 20 until 30 m.

<table>
<thead>
<tr>
<th></th>
<th>REF-A</th>
<th>REF-B</th>
<th>FER-A</th>
<th>FER-B</th>
<th>ULM-A</th>
<th>ULM-B</th>
<th>BTP-A</th>
<th>BTP-B</th>
</tr>
</thead>
<tbody>
<tr>
<td>cop + e-cop (µg g⁻¹)</td>
<td>0.06</td>
<td>&lt; DL</td>
<td>0.17</td>
<td>0.09</td>
<td>0.06</td>
<td>0.12</td>
<td>0.12</td>
<td>0.14</td>
</tr>
<tr>
<td>Total LABs (ng g⁻¹)</td>
<td>&lt; DL</td>
<td>&lt; DL</td>
<td>42.5</td>
<td>46.5</td>
<td>&lt; DL</td>
<td>&lt; DL</td>
<td>&lt; DL</td>
<td>&lt; DL</td>
</tr>
</tbody>
</table>

< DL: below detection limit (0.01 µg g⁻¹ to fecal sterols and 1.0 ng g⁻¹ to LABs).
In general, higher concentrations of LABs with 11 up to 13 carbon atoms were observed, being coincident with the main mixture of Cm-LABs (m = 10 – 14) used in Brazil, with the percentage of each isomer group as follows: 5-16% (C10-LABs), 28-45% (C11-LABs), 25-30% (C12-LABs), 10-30% (C13-LABs) and <1.0 (C14-LABs).

The values of the I/E ratio in FER-A and FER-B varied from 0.52 to 0.59 (C11-LABs), 0.81 to 0.89 (C12-LABs) and 0.70 to 0.75 (C13-LABs). The low I/E ratio is probably a result of wastewater discharge with primary treatment and reduced aerobic degradation.

Conclusions

The concentrations of sewage organic markers were relatively low or undetectable away from the vicinity of Ferraz Station, considered the main source of sewage input to Admiralty Bay, while high concentration of fecal sterols and LABs occurred close to sewage outfall from Ferraz Station. However, the concentrations of these markers were lower than previous studies developed in Admiralty Bay and other regions of Antarctica.

Despite of low concentrations of sewage organic markers, monitoring programs are required to determine continuing trends and prevent the increase of anthropogenic impacts.
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